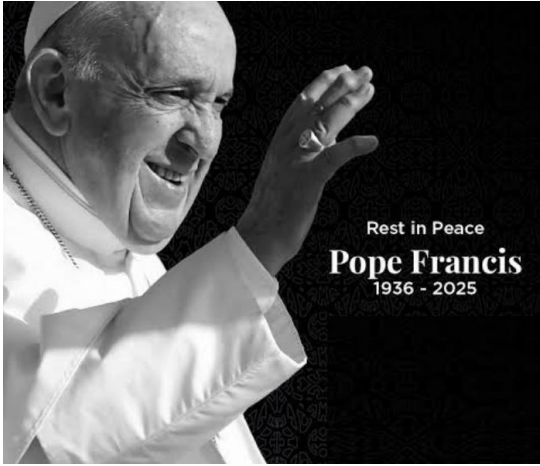







JAEI




May 2025 Environmental Prayer Diary



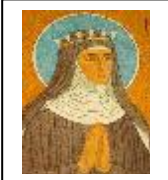
The purpose of this Prayer Diary is to provide subjects for your reflection and prayer as the Spirit moves you

Thursday	1	
Friday	2	<p>Creator God, we pray for the leaders and ministers, for mayors and CEOs of companies. May they hear the call from God through other creatures and make sustainable, wise decisions.</p> <p>Creator God, we bring our prayer to you.</p>
Saturday	3	<p>International Leopard Day</p> <p>International Leopard Day was created to raise awareness and support for leopards, which are facing population decline.</p> <p>Leopards are apex predators that help maintain the diversity of ecosystems and are listed as near-threatened in South Africa. Threats to their survival include habitat loss, prey depletion, conflict with people, trophy hunting, and poaching.</p> <p>Hoedspruit in the Limpopo Lowveld area is situated in the Greater Kruger Park (made up of Kruger National Park (state-owned national park) and privately owned reserves like Sabi Sand, MalaMala, Timbavati, Klaserie, Umbabat, Balule, Kapama and Thornybush) is home to a number of leopards. However, being mainly naturally nocturnal, the travels of these leopards has long been a mystery.</p>  <p><i>Photo credit: Noeleen Mullett</i></p> <p>This prompted the Ingwe Research Programme to engage citizen scientists in wildlife monitoring, transforming data into meaningful actions for leopard conservation. This Citizen Science Programme is now actively involved in researching and studying leopard distribution in the area in order to assess the spatial distribution of leopards in relation to environmental characteristics and anthropogenic factors and understand how they influence leopards' habitat use and movements.</p> <p>The research programme is also conducting a comprehensive survey to identify high-risk areas where wildlife, particularly leopards, frequently cross</p>

		<p>roads (<i>in this case, the busy R40</i>) and are most vulnerable to accidents. By pinpointing these hotspots, we can develop targeted, effective strategies to mitigate collisions and protect both animals and people.</p> <p>Through innovative science programme such as this, communities are empowered to coexistence with wildlife, and ultimately secures a future where leopards, and other wildlife they share their habitat with can thrive in South Africa.</p> <p><i>“Conservation and tourism must work hand in hand. If we don’t conserve wildlife now, there will be nothing for tourists to see in the future.” - Will Fox</i></p> <div data-bbox="536 517 1396 851" data-label="Image"> <p><i>Leopards in and around the Hoedspruit area co-existing with people</i></p> </div> <p><i>Give thanks for these magnificent animals!</i></p>
Sunday	4	<p>Jesus Christ, teach us to empathize with Earth. Make our spirits sensitive to the cries of creation, cries for justice from the land, the seas and the skies. Jesus Christ, make our faith sensitive to the groans of the Spirit in creation, groans of longing for a new creation. Jesus Christ, make our hearts sensitive to the songs of our kin, songs of celebration from the sea, the forest and the air. Christ, teach us to care. Amen</p>
Monday	5	<p>4-10 May - International Composting Awareness Week</p> <p>2025: Theme: <i>Sustainable Communities Begin with Compost!</i></p> <p>This theme “<i>Sustainable Communities Begin with Compost!</i>” highlights the fact that all composting can be done in all communities at any scale – from the backyard home composter to community composters, to large-scale facilities to all those who recognise the many benefits of using compost on our soils. This year’s theme was inspired by the United Nations Sustainable Development Goal #11 “<i>Sustainable Cities and Communities: Make cities and human settlements inclusive, safe, resilient and sustainable.</i>”</p> <div data-bbox="995 1503 1497 1736" data-label="Image"> </div> <p>From navigating skyscrapers to the far-reaching fields of mealies or planted forests across the Country, composting is an essential element in developing a sustainable resources management plan for any community. Composting empowers communities to manage their own waste, create job opportunities and support healthy soils with locally made compost. The theme highlights that</p>




		<p>when we're repurposing the food that would go into the landfill, we're creating fresh nutrients for the soil, which regenerates the earth and provides healthier food for everyone in the community. Composting is an action everyone can participate in, no matter the size of your home, garden, or community! Together, through the power of compost, we can create a more sustainable future for our communities!</p> <p>Here are some key facts regarding organics recycling and compost use that highlights why composting is such an important awareness-building programme which helps in making our communities more sustainable:</p> <ul style="list-style-type: none"> • Composting reduces methane emissions through aerobic managed decomposition providing for a more sustainable community. • Composting lowers greenhouse gases by improving carbon sequestration in the soil. Getting the carbon back into the soil serves as a "carbon bank," helping to store carbon thereby removing it from the atmosphere. • Compost provides essential nutrients for plants, promoting vibrant gardens and farms. Healthier soil leads to healthier, more nutritious food for our communities. • Compost use increases the water-holding capacity of our soils; important as our communities are more and more often seeing drought and or intense rain events causing soil runoff and erosion. • Compost plays a vital role in community gardens, fostering green spaces that provide fresh produce, recreational opportunities, and community gathering places. <p><i>If you have not yet already done so, start you compost pile today!</i></p>	
Tuesday	6	<p>Through scientists and scholars, new knowledge comes to light; We pray that may it further the quality of life for all peoples and all creatures in their journey to wholeness Almighty God, you created the world and gave it into our care so that, in obedience to you, we might serve all people: Inspire us to use the riches of creation with wisdom, and to ensure that their blessings are shared by all; that, trusting in your bounty, all people may be empowered to seek freedom from poverty, famine, and oppression, God of love, in your mercy, Hear our prayer.</p>	
Wednesday	7	<p>"We don't have a right to ask whether we're going to succeed or not. The only question we have a right to ask is what's the right thing to do? What does this earth require of us if we want to continue to live on it?"</p> <p><i>Wendell Berry</i></p>	

Thursday	8	 <p>“Christianity is a lifestyle - a way of being in the world that is simple, non-violent, shared, and loving. However, we made it into an established “religion” (and all that goes with that) and avoided the lifestyle change itself. One could be warlike, greedy, racist, selfish, and vain in most of Christian history, and still believe that Jesus is one’s “personal Lord and Savior” . . . The world has no time for such silliness anymore. The suffering on Earth is too great.”</p> <p>~ RICHARD ROHR</p>
Friday	9	<p>Singing birds - Psalm 104: 1, 12, 28, 30</p> <p>¹<i>Praise the Lord, O my soul. O Lord my God, you are very great...</i></p> <p>¹²<i>The birds of the air nest by the waters; they sing among the branches...</i></p> <p>²⁸<i>When you open your hand, they are satisfied with good things...</i></p> <p>³⁰<i>When you send your Spirit, they are created, and you renew the face of the earth.”</i></p> <p>Through the cacophony of everyday sounds – can you hear the birds? Do you notice how joyfully they sing! The same Father that cares for them cares for you. Let the birds lead you to give thanks and praise to God. With the birds and the angels of the heavens you are joining God’s love song – he sings his love over you first!</p> <p><i>Recently have you been appreciating God’s goodness and care? Right now is a good time to smile, sing, and give thanks to God!</i></p> 
Saturday	10	<p>World Migratory Bird Day (1st of 2)</p> <p>2025 Theme: “Creating Bird-Friendly Cities & Communities”</p> <p>The two peak days of World Migratory Bird Day 2025 are 10 May and 11 October 2025, reflecting the cyclical nature of bird migration with varying migration periods in the northern and southern hemispheres.</p> <p>This year's campaign will highlight the need for a healthy coexistence between humans and birds. It will focus on creating and adapting environments that support migratory bird populations across all communities, from bustling cities to smaller towns and communities. There are actions everyone can take to protect our shared spaces with wildlife.</p> 

		 <p>Migratory birds face many challenges due to human activities and expanding urban developments. It is crucial to have strategic urban planning and conservation efforts that incorporate bird-friendly practices, making sure that our communities become havens for these remarkable travellers.</p> <p>Every community - urban to rural - can play a significant role in supporting migratory birds. Through good city planning, and by adopting bird-friendly practices like creating healthy habitats, reducing pollution, and preventing collisions with glass windows and other built objects, communities can significantly contribute to the well-being of migratory birds.</p> <p>Urban expansion and man-made environments, if not managed properly, pose significant threats to these birds, leading to habitat loss and increasing the risks like fatal collisions with buildings and glass. Through good upstream planning for sustainable urban development that avoids sprawl and destruction of habitat as well as collaborative efforts with neighbours, schools, and local organisations, everyone can protect birds and raise awareness about their importance to the health of the planet and its ecosystems. By bringing nature back into our cities and working together, citizens and elected officials alike can help our natural environments and lessen the negative effects of urbanization on biodiversity.</p>
Sunday	11	<p>Mother's Day</p> <p>God has given us mothers to carry, raise, teach, and mould us into godly people. Of course, no mother is perfect, and not everyone grows up with a loving mother. But every mother out there - from the one who feels she was born to be a mom to the one who struggles with the title—deserves honour and praise for the role God has given them. A role that reflects God's love in a deeply profound way.</p> <p><i>Heavenly Father, we thank You for the gift of motherhood. Today, we celebrate the loving sacrifice of mothers, both biological and spiritual, who nurture and guide us in Your ways.</i></p> <p><i>We ask Your blessing on each mother today. Fill their hearts with laughter and joy. Surround them with love from family and friends. Grant them health, peace, and fulfilment as they pursue their calling. Let them know their value and worth in Your eyes and ours. In Jesus' name, Amen.</i></p> 
Monday	12	<p>The earth is at the same time mother, She is mother of all that is natural, mother of all that is human. She is the mother of all, for contained in her are the seeds of all.</p> <p>The earth of humankind contains all moistness, all verdancy, all germinating power. It is in so many ways fruitful. All creation comes from it. Yet it forms not only the basic raw material for humankind, but also the substance of the incarnation of God's son.</p> <p>Hildegard of Bingen</p> 

<p>Tuesday</p>	<p>13</p>	<p>Creator</p> <p>Praise Him all you creatures great and small Praise Him summer, winter, spring and fall Hollowing wind, rushing streams Rolling hills and crashing seas Lift your voice and worship your Creator</p> <p>Praise Him gleaming moon and burning sun Praise Him all you spinning spheres above Shining stars, golden beams, choir made of galaxies Lift your voice and worship your Creator</p> <p>Holy - You are holy Earth and heaven Sing forever Holy - You are holy All creation Praise Creator</p> <p>Praise Him who stepped into what He made Paid our debt and pulled us from the grave Every heart He set free Every soul that's been redeemed Lift your voice and worship your Creator</p> <p>Holy - You are holy</p> <p>This my great and everlasting hope I've been saved and heaven is my home I can't wait for that day When I see You face to face For I was made to magnify my Maker Yes I was saved to walk beside my Savior I'm created to worship my Creator</p> <p>Holy - You are holy (2) Yes, all creation Praise Creator</p> <p>Songwriters: Phil Wickham / Bryan Fowler / Kristyn Getty <i>Creator lyrics © Be Essential Songs, Getty Music Publishing</i> Listen</p>
<p>Wednesday</p>	<p>14</p>	<p>Loving God, Blessed be the works of your hands, Your Spirit inspires trees and birds and waves into song and dance, It is that same holy wind that you breathed on your disciples and on all creation, Let your Spirit blow us to creative love and stewardship that shows reverence for your creation. Blessed be the works of your hands O Holy One, Father, Son and Holy Spirit, One God now and forever. Amen.</p> <p>The Late Bishop Ellinah Wamukoya, Swaziland</p>







Thursday	15	
Friday	16	<p>Endangered Species Day</p> <p>Thousands of people around the world participate in Endangered Species Day by celebrating, learning about, and taking action to protect threatened and endangered species.</p> <p>We in South Africa need to take this day very seriously as so many of our amazing creatures are endangered – some critically so.</p> <div style="display: flex; align-items: flex-start;">  <div style="margin-left: 10px;"> <p>The small non-descript Botha's Lark faces the high probability of the risk of extinction within the next few years without urgent conservation action. Declines in population estimates and suitable habitat within its very limited distribution fulfil the criteria for this to happen.</p> <p>BirdLife South Africa has initiated the <i>Species Action Plan</i> which proposes strategic research and conservation goals that include consistent species and habitat monitoring (including line transect, camera-trapping, and acoustic surveys), landowner, stakeholder engagement and raising public awareness, and an effective synthesis of these aims to coordinate action and monitor conservation success.</p> <p>This little bird is certainly not the only creature facing the possibility of extinction, so are African penguins, Cape tortoises, Geometric tortoises, Riverine rabbits, Black rhinos, Blue cranes, Cormorants, Knysna seahorse, South African dwarf chameleons, Cape vultures, White-backed vultures, Cape Micro frog and the list goes on, and on, and on, and on</p> <p>The main threats to wildlife and biodiversity in South Africa are habitat loss, climate change, and overexploitation.</p> <p>It is everyone's duty and responsibility to negate these threats by all means possible in order to protect our wildlife and biodiversity.</p> <p><i>Re-evaluate your environmental footprint continually and pray for all involved in conservation.</i></p> </div> </div> 

<p>Saturday</p>	<p>17</p>	<p>Kinship with All Life</p> <p><i>Joanna Macy vividly reconnects our seemingly separate selves with nature, both present and past:</i></p> <p>The conventional notion of the self with which we have been raised and to which we have been conditioned by mainstream culture is being undermined. What Alan Watts [1915-1973] called “the skin-encapsulated ego” . . . is being replaced by wider constructs of identity and self-interest—by what philosopher Arne Naess [1912-2009] termed the ecological self, co-extensive with other beings and the life of our planet. It is what I like to call “the greening of the self.” . . .</p> <p>Among those who are shedding these old constructs of self . . . is John Seed, director of the Rainforest Information Centre in Australia. One day . . . I asked him: “You talk about the struggle against the lumber companies and politicians to save the remaining rain forests. How do you deal with the despair?”</p> <p>He replied, “I try to remember that it’s not me, John Seed, trying to protect the rain forest. Rather, I am part of the rain forest protecting itself. I am that part of the rain forest recently emerged into human thinking.” This is what I mean by the greening of the self. It involves a combining of the mystical with the pragmatic, transcending separateness, alienation, and fragmentation. It is . . . “a spiritual change,” generating a sense of profound interconnectedness with all life. . . .</p> <p>. . . Unless you have some roots in a spiritual practice that holds life sacred and encourages joyful communion with all your fellow beings, facing the enormous challenges ahead becomes nearly impossible. . . .</p> <p>By expanding our self-interest to include other beings in the body of the Earth, the ecological self also widens our window on time. It enlarges our temporal context, freeing us from identifying our goals and rewards solely in terms of our present lifetime. The life pouring through us, pumping our heart and breathing through our lungs, did not begin at our birth or conception. Like every particle in every atom and molecule of our bodies, it goes back through time to the first splitting and spinning of the stars.</p> <p>Thus the greening of the self helps us to reinhabit time and our own story as life on Earth. We were present in the primal flaring forth, and in the rains that streamed down on this still-molten planet, and in the primordial seas. In our mother’s womb we remembered that journey, wearing vestigial gills and tail and fins for hands. Beneath the outer layer of our neocortex and what we learned in school, that story is in us—the story of a deep kinship with all life, bringing strengths that we never imagined. When we claim this story as our innermost sense of who we are, a gladness comes that will help us to survive.</p> <p><i>From Richard Rohr’s daily meditations</i> www.cac.org</p>
<p>Sunday</p>	<p>18</p>	<p>Father, as we read and see daily in our newspapers and television programmes the devastation caused by the selfish promotion of political and economic ideologies, we pray earnestly for a change of heart among the nations and for a massive diversion of human resources towards the relief of human suffering and the restoration of your world.</p> <p>Amen</p>




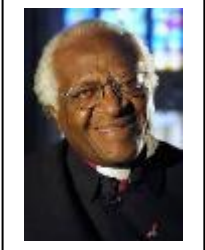
<p>Monday</p>	<p>19</p>	<p>Read John 9: 1-41 'Go and wash in the pool of Siloam'</p> <p>The man in the story had been blind since birth. With Jesus' help, washing in the waters of the pool of Siloam restored his sight. With God's help, simple actions can have extraordinary results. American anthropologist Margaret Mead famously said: "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." What simple action can I do today that might change the world for at least one person? At times, however, even simple actions become difficult. Because of poverty and injustice, conflict or the changing climate, mothers in many countries struggle to do what should be simple, like providing clean water for their children.</p> <p>Prayer: Loving God, you are always with me and your care surrounds me like a mother's love. May I take courage and hope from knowing that I am so valued. Bless the loving actions of every mother who struggles to provide clean water for her children. Amen.</p> <p><i>This reflection is from a CAFOD Lent calendar</i> <i>The Catholic Agency for Overseas Development (CAFOD)</i></p>
<p>Tuesday</p>	<p>20</p>	<p>World Bee Day</p> <p>2025 theme: "Bee inspired by nature to nourish us all".</p> <p>This year's theme emphasises the critical role all species of bees (social bees as well as the often overlooked solitary bees) play in ecosystem restoration, biodiversity conservation, and food security by acting as pollinators. The day encourages bee-friendly practices that are aligned with natural ecosystems. It highlights the vital role all our bees play in maintaining a diverse plant life, which is essential for a healthy environment.</p> <p>Our world would be a very different place without bees and other pollinators! These amazing creatures are vital to our existence, and we owe them so much. Without pollinators, our diets would be very different, and so would our agriculture and biodiversity.</p> <div data-bbox="1268 1097 1497 1328" data-label="Image"> </div> <div data-bbox="454 1615 703 1933" data-label="Image"> </div> <p>Today bees, pollinators, and many other insects are declining in abundance. This day provides an opportunity for all of us – whether we work for governments, organisations or civil society or are concerned citizens – to promote actions that will protect and enhance pollinators and their habitats, improve their abundance and diversity, and support the sustainable development of beekeeping.</p> <p>By observing World Bee Day, we can raise awareness on the essential role bees and other pollinators play in keeping people and the planet healthy, and on the many challenges they face today.</p>


		<p><i>There are actions that all of us can take to safeguard the future of pollinators:</i></p> <ul style="list-style-type: none"> • Plant indigenous bee-friendly plants in your garden and community. • Do not use any form of pesticides • Provide a “bee hotel” for the important, but sometimes secretive, solitary bees • Provide a sunny and shallow water source for bees
		 <p><i>Bee water tray</i></p>
Wednesday	21	<p>God of abundance You call us to a jubilee economy Where people live in harmony with earth and there is enough for all. We are so far from our calling! For some there is much, for many there is little, And the earth cries out for rest. We pray that you will transform our hearts So that we share with each other, And grant us wisdom to find new ways of providing for all and restoring the land. We ask this for love of you, For love of each other, For love of all life on earth And the generations yet to come.</p>
Thursday	22	<p>International Day for Biodiversity</p> <p><i>2025 Theme: "Harmony with nature and sustainable development"</i></p> <p>Goal 15 of the Sustainable Development Goals is about conserving life on land. It is to protect and restore terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and stop biodiversity loss.</p>  <p>Earth's ecosystems are vital for sustaining human life, they contribute to over half of global GDP and encompass diverse cultural, spiritual, and economic values.</p> <p>However, the world is facing a triple crisis of climate change, pollution and biodiversity loss.</p> <p>Agricultural expansion is the direct driver of almost 90 per cent of deforestation. This is in direct relation to our food systems, and oil palm harvesting accounted for 7 per cent of global deforestation from 2000 to 2018.</p> <p>Global and regional efforts to sustain forest ecosystems as well as their social, economic and environmental functions are essential, in particular for developing countries and the tropics.</p> <p>We need to shift humanity's relationship with nature to achieve Goal 15, and realise that nature is the root of our life of earth. The recently adopted Kunming-Montreal Global Biodiversity Framework provides renewed impetus for Goal 15, outlining four outcome- oriented goals to be achieved by 2050 and 23 targets to be achieved by 2030.</p>

		<p>Some things we can do to help achieve this important goal include recycling, eating a locally-based diet that is sustainably sourced, and consuming only what we need.</p> <p>We must be respectful toward wildlife and only take part in ecotourism opportunities that are responsibly and ethically run in order to prevent wildlife disturbance. Well-managed protected areas support healthy ecosystems, which in turn keep people healthy. It is therefore critical to secure the involvement of the local communities in the development and management of these protected areas.</p> <p><i>Take action and play your part in protecting our precious biodiversity.</i></p>
Friday	23	<p>Encyclical Letter <i>Fratelli Tutti</i> of Pope Francis on the Fraternity and Social Friendship</p> <p>Chapter Four</p> <p><i>Reciprocal Gifts</i></p>  <p>133. The arrival of those who are different, coming from other ways of life and cultures, can be a gift, for “the stories of migrants are always stories of an encounter between individuals and between cultures. For the communities and societies to which they come, migrants bring an opportunity for enrichment and the integral human development of all”.^[115] For this reason, “I especially urge young people not to play into the hands of those who would set them against other young people, newly arrived in their countries, and who would encourage them to view the latter as a threat, and not possessed of the same inalienable dignity as every other human being”.^[116]</p> <p>134. Indeed, when we open our hearts to those who are different, this enables them, while continuing to be themselves, to develop in new ways. The different cultures that have flourished over the centuries need to be preserved, lest our world be impoverished. At the same time, those cultures should be encouraged to be open to new experiences through their encounter with other realities, for the risk of succumbing to cultural sclerosis is always present. That is why “we need to communicate with each other, to discover the gifts of each person, to promote that which unites us, and to regard our differences as an opportunity to grow in mutual respect. Patience and trust are called for in such dialogue, permitting individuals, families and communities to hand on the values of their own culture and welcome the good that comes from others’ experiences”.^[117]</p> <p><i>Prayerfully consider how this affects our Country</i></p>
Saturday	24	

Sunday	25	<p>Father, we pray for all who work closely with the natural world, For farmers and gardeners who grow our food, For scientists and technologists who probe the secrets of life, For foresters who plant and harvest trees, For photographers, artists and poets who capture beauty for others to see, For conservationists and all who guard the precious heritage of the earth. For ourselves – that we may appreciate and care for the precious environment that you have entrusted to us.</p> <p>Amen.</p>
Monday	26	<p>Africa Day</p> <p>Prayer for Africa</p> <p>Dear God, For the love of Africa Hear my prayer</p> <p>Africa is the cradle of your creation Therefore, grant me patience To nurture growth and goodness In this great continent</p> <p>Africa is the rainbow of your heavens Therefore, grant me tolerance To celebrate difference and diversity Across this wide continent</p> <p>Africa is the drumbeat of your heart Therefore, grant me courage To offer comfort and compassion In the face of her people's trials</p> <p>To the prisons of poverty in Africa Let me bring the liberation of choice And to the deserts of her suffering Cool streams of relief</p> <p>To the tunnels of deception in Africa Let me bring lamps of truth And to the jungles of her conflict Flags of reconciliation</p> <p>To the caves of despair in Africa Let me bring voices of hope And to the swamps of her fear Whispers of comfort</p> <p>Wherever Africa teaches her children Share the lessons of my fading past And where she dreams of tomorrow Set my feet on the path of progress</p> <p>Wherever Africa raises her leaders Judge my support by democracy's voice And where she breathes in community Join my breath with inspiration</p>



		<p>Wherever Africa cherishes her wilderness Mark my celebration of nature's bounty And where she cares for her people Watch my spirit swell with love</p> <p>For the love of Africa Hear my prayer, Dear God</p> <p>Wayne Visser © 2017</p>
Tuesday	27	<p>"Study nature, love nature, stay close to nature. It will never fail you. "</p> <p>Frank Lloyd Wright</p> 
Wednesday	28	<p>Reflection: <i>The late Bishop Emeritus Desmond Tutu</i></p> <p>"Genesis in the Bible declares that human beings have been created in the image of God and are bidden to have dominion over the rest of creation. Made in the <i>imago dei</i>, they are thus God's representatives, and so must hold this dominion not ruthlessly, aggressively exploitatively, but as God would hold dominion, caringly, lovingly and compassionately.</p>  <p>There is a very intimate connection between us humans and the rest of creation. It is mystical and real. So when Adam and Eve muck up their lives through disobeying God, it has devastating consequences for the rest of creation – the ground which up to then had produced crops for the benefit of humans, now spews forth weeds. This is an imaginative way of saying that Creation has been damaged because human beings have been damaged. It is now red in tooth and claw. "</p>
Thursday	29	<p>Ascension Day</p> <p>Almighty God, as Jesus ascended to you, we remember your creation, a wondrous gift entrusted to our care. We acknowledge our role as stewards, not masters, and we humbly ask for your guidance as we strive to heal and protect the Earth.</p> <p><i>For the Air:</i></p> <p>Cleanse the air we breathe, that it may be a source of life and not of harm, and help us to reduce pollution and protect the delicate balance of our atmosphere.</p> <p><i>For the Water:</i></p> <p>Bless the waters of our planet, both fresh and salt, and grant us wisdom to use them sustainably and protect them from harm, ensuring that they are a source of life for all creatures.</p> <p><i>For the Land:</i></p>

		<p>Heal the land, that it may once again thrive and provide for all, and help us to cultivate the earth with care and respect, ensuring that it is a source of sustenance and beauty for generations to come.</p> <p><i>For the Creatures:</i></p> <p>Protect all creatures, great and small, and help us to live in harmony with them, respecting their place in the ecosystem and working to preserve their habitats.</p> <p><i>For Ourselves:</i></p> <p>Grant us the wisdom and courage to make choices that honor your creation, and help us to live with humility and compassion, recognizing that our actions have consequences beyond ourselves.</p> <p><i>For the Future:</i></p> <p>May our actions today be a testament to your love for creation, inspiring future generations to be responsible stewards of the Earth, and may we leave a world that is healthy and vibrant for all to enjoy.</p> <p>We pray this through Jesus Christ, our Lord, who ascended to heaven to be with you, and who will return to judge the living and the dead. Amen</p>
Friday	30	<p>"All my life through, the new sights of Nature made me rejoice like a child. "</p> <p>Marie Curie</p> 
Saturday	31	<p><i>"What's the most precious thing on earth?" asked the boy</i></p> <p><i>"Peace" said the horse</i></p> 