## "Let's Chuck Consumerism!" Workshop

This Workshop can be presented at your Parish. for Youth Groups or within your Archdeaconary.

In today's world, we are becoming more and more entrapped in a consumeristic society. The concern is not materialism, strictly speaking, or even the consumption of goods - as contingent beings, we must consume resources to survive. Perhaps the problem is not consuming to live, but rather living to consume ......

We consume in an attempt to define who we are and our "desire to acquire" has led to shopping fast becoming our number one leisure activity – which leaves room for little else – including God, the Gospel, and the Church.

the problem doesn't end there! As well as obvious social and economic problems, *consumerism* is destroying our environment at a rapid rate. As the demand for goods increases, the need to produce these

goods also increases.
This leads to more pollution, increased land-use, habitat destruction.

deforestation, accelerated climate change and loss of biodiversity and of course the plundering the finite supply of natural resources!

To this end, JAEI is presenting a workshop to explore this very challenging topic.

For more information, contact Noeleen noeleen jaei.org.za



Workshop Outline	
Time	Activity
08:30-09:00	Arrive/register/refreshments
09:00-09:15	Reflections & Worship
09:15-09:30	Ice breaker & grouping game
09:30-10:00	What is "stuff"?
10:00-10:30	What is Consumerism?
10:30-10:45	Refreshment break
10:45-11:15	Why do I want stuff? What is "happiness"
11:15-11:30	Where does "stuff" come from?
11:30-12:15	What is the cost to the planet?
12:15-12:45	Where does "stuff" go?
12:45-13:15	Lunch
13:15-13:45	What is Biodiversity?
13:45-14:15	Climate change
14:15-14:30	When is enough enough?
14:30-15:00	What does the Bible say?
15:00-15:30	What can I do and how can I spread the message?
15:30-15:40	Thanks, close & Grace